

## **REGULATION AND TECHNICAL INFORMATION**

**Corsa dei Castelli 2022**

**Competitive road race**

**10km 16th October 2022**

The A.S.D. Promorun Trieste, in collaboration with the Municipality of Trieste and the Friuli Venezia Giulia Region, is organizing the 6th edition of the "Corsa dei Castelli", an athletics road race event included in the FIDAL National Calendar. The event will take place in all weather conditions. The presence of a doctor and ambulance service will be guaranteed. The organizing company accepts no liability for any damage to persons or property before, during or after the event. For all matters not covered by these regulations, the FIDAL and G.G.G. rules apply.

By registering for the race, the athlete declares that he has read and fully accepts these regulations.

The Organizing Committee will abide by the official and updated anti-Covid regulations in force at the time of the event and available on the FIDAL website at the following link: [HERE](#)

### **START**

Sunday 16th October

Start: 10.00 a.m. from Miramare Castle.

Arrival: Piazzale delle Milizie at San Giusto Castle.

### **REGISTRATION**

Online registration with increasing fees

from 1st December to 28th February 12,00 €

1st March to 30th May 15,00 €

from 31st May to 31 August 20,00 €

from 1st September to 30th September 25,00 €

from 1st October to 10th October 30,00 €

Online registration will close on 10 October 2022 at 23:59.

### **Non pre-enrolled**

It will be possible to register at the Corsa dei Castelli Registration Centre for the fee of 35,00 € :

- The location and times of the registration centre will be announced through social channels in the days preceding the event.

### **THE FEE INCLUDES**

- Technical T-shirt of the event
- Medal
- Sponsor products
- Medical assistance
- Timing service with chip to be returned to the staff at the end of the race. If the chip is not returned, the athlete will have to pay € 20.00 as compensation.
- Refreshments along the route
- Final refreshments
- Bag deposit
- Shuttle service to the start area

### **REFUNDS AND TRANSFERS**

The entry fee cannot be transferred to another athlete and no refunds will be given.

### **ATHLETES RESIDING IN ITALY**

Based on the provisions of the rules for the organization of events issued by FIDAL, athletes resident in Italy, who have reached the age of 18 at the date of the event ( 20 years for Runcard members), belonging to the following categories, can participate :

Athletes registered for the current year for FIDAL affiliated clubs.

Athletes in possession of Runcard and a medical certificate of fitness for competitive athletics practice.

The card can be subscribed online on the website [www.runcard.com](http://www.runcard.com) .

Athletes registered with a Sports Promotion Body (Athletics Section) , in possession of Runcard-EPS and a medical certificate of fitness for competitive athletics .

### **ATHLETES NOT RESIDING IN ITALY**

Based on the provisions of the rules for the organization of events issued by FIDAL, athletes who are not resident in Italy who have reached the age of 18 at the date of the event ( 20 years for Runcard members) can participate, belonging to the following categories:

Athletes with club cards affiliated to Foreign Athletics Federations recognized by theIAAF.

Athletes in possession of Runcard (valid as sports insurance and permission to compete); and a medical certificate of suitability for competitive athletics practice.

The card can be subscribed online on the website [runcard.com](http://runcard.com) .

For foreign athletes it is necessary to fill in the "Liability Waiver Form" to be able to participate in the event (to be sent during registration or delivered at the time of bib withdraw) .

### **RACE NUMBER AND GOODY BAG PICK-UP**

At the Registration Centre Corsa dei Castelli:

- The location and times of the registration centre will be announced through social channels in the days before the event.

In order to avoid crowds, the withdrawal of the race pack and bib on Sunday 16 October is reserved for athletes not resident in the province of Trieste.

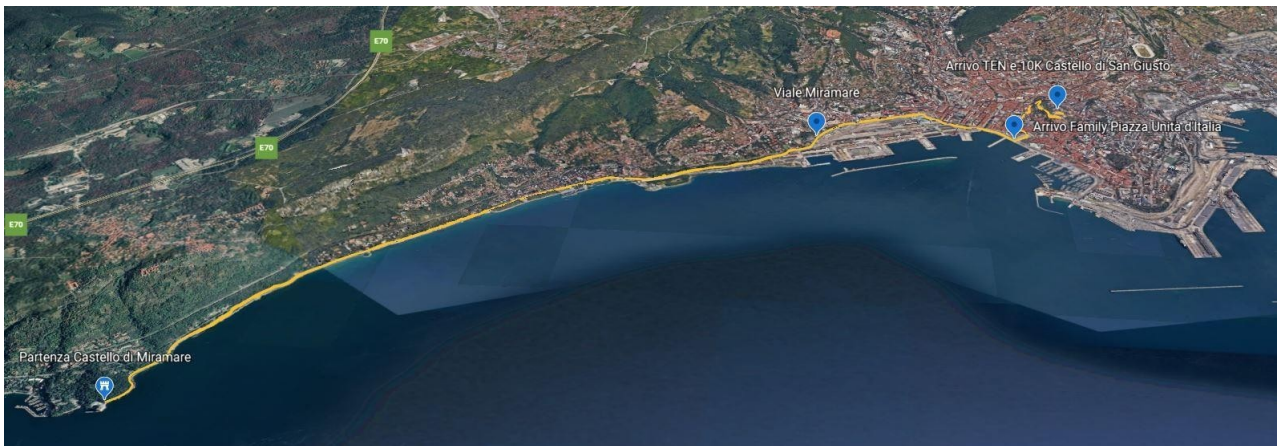
In case of pick up by proxy, the delegator must fill in, sign and give to the delegate the proxy form, the privacy form,( downloadable on the website [www.corsadeicastelli.it](http://www.corsadeicastelli.it) , a copy of the letter confirming the registration, a copy of identity card.

### **TIMING AND RANKINGS**

The measurement of times and the drawing up of the classifications will be carried out by TDS; they will be validated by the Technical Delegate Judge/ Appeal Judge.

## APPROVED ROUTE

10 km on road; starting from the suggestive Miramare Castle and arriving in Piazzale delle Milizie inside the San Giusto Castle, running along the Barcola seafront, passing through the heart of the city and Piazza Unità d'Italia, the largest square in Europe open to the sea.



## TIME LIMIT

The time limit to complete the 10 km race is 1h30', beyond this time limit the Organizing Committee will no longer guarantee control and assistance on the race route.

## RESTRICTIONS

In accordance with Fidal regulations, there will be one refreshment point at km 5 and one in the finish area at San Giusto Castle.

## SHUTTLE SERVICE

A shuttle service will be available at the Central Railway Station to reach the start area (Miramare Castle), Saba Silos car park side, from 7.30 am to 9.00 am. To use this service it is compulsory to show the race chest. It is advisable to park your car near the train station and the areas around Piazza Unità d'Italia, which can be reached from the finish area of San Giusto Castle in a few minutes' walk and near the shuttle service.

## **BAGS DROP OFF**

A bag deposit service will be provided in the starting area at the Castle of Miramare where each athlete can hand in his bag with a sticker corresponding to his bib number to identify it. Bags can be handed in up to 9.30 a.m. Post-race bag collection at the finish area at San Giusto Castle.

## **INDIVIDUAL AWARDS**

Prizes will be awarded to the first three absolute male and female athletes and the first three in each master category with prizes in kind.

## **SOCIETY AWARDS**

Prizes in kind will be awarded to the first 5 companies classified with a minimum of 15 athletes on the basis of the number of athletes arriving at the finish line, the sum of the athletes arriving at the finish line will determine the final classification.

**Unclaimed prizes cannot be claimed again.**

## **ANTI-DOPING SERVICES**

Procedures according to FMSI -AIU - WADA indications.

## **COMPLAINTS**

Any complaints must be made in accordance with the FIDAL regulations and the R.T.I.

## **RIGHTS FOR IMAGE**

By registering to the Corsa dei Castelli 2022 the athlete authorizes the organization to the free acquisition of the right, together with its partners, to use the still or moving images on which he/she may appear, taken during his/her participation in the Corsa dei Castelli 2022, on all visual supports as well as on promotional and/or advertising materials.

## **FRAUDULENT PARTICIPATION IN THE RACE - PENALTIES**

The subscriber is responsible for the ownership and custody of his race bib, acquiring the right to use all the services mentioned in these regulations and subsequent communications.

1. Anyone who takes part in the race without a race bib without being properly registered will not only be held responsible for damage to persons or property, including himself, but will also incur sporting sanctions under the jurisdiction of the federal bodies and may be liable to the criminal sanctions provided for the crime of “theft” (art. 624 of the Italian Criminal Code).
2. Anyone who, without regular registration, takes part in the event with a counterfeit bib number or in any case one which does not conform to the allocation, as well as being liable as indicated above, will incur sporting sanctions and, in addition, may be liable to the criminal sanctions provided for the offence of “theft” (art. 624 of the criminal code), or, alternatively, for the offence of “fraud” (art. 640 of the criminal code).

In cases 1 and 2, participants may be liable to the penalties laid down for the offence of “failure to comply with the provisions of the authorities” (Article 650 of the criminal code). The above-mentioned cases will only be found after verification of photographic and/or video documentation.

## **INFORMATION**

Gianardi Silvia +39 328 1258116

Giurgiovich Andrea +39 347

8617827Mail: [info@promorun.it](mailto:info@promorun.it)

## **FINAL WARNINGS**

The Organizing Committee reserves the right to modify these regulations at any time for reasons it deems appropriate for a better organization of the race, after having given notice and obtained approval from FIDAL. For anything not provided for in these regulations, the technical statutory regulations of the FIDAL and the G.G.G. apply. Any changes to services, places and times will be communicated to the registered athletes or will be posted on the website [www.promorun.it](http://www.promorun.it). In addition, the



documentation containing the essential information to take part in the race will be delivered by the organization together with the bib.

### **RACE CANCELLATION - NON-EXECUTION**

If the race is cancelled, moved to another date and/or not carried out due to causes that do not depend on and/or cannot be attributed to the will of the organization, including the revocation of the authorization by the competent public bodies, weather events, earthquakes, epidemics and any other event that may affect the safety of the participants, the participant shall not be entitled to claim any reimbursement from the organizing company. Registrations received will be valid for the following year or for another Promorun event. The transfer will be completely free of charge.