

## REGULATIONS CORRI TRIESTE TEN 2022 NON-COMPETITIVE ROAD RACE 10 KM

The A.S.D. Promorun Trieste, in collaboration with the Municipality of Trieste and the Friuli Venezia Giulia Region, is organising the first edition of TEN Corri Trieste, a non-competitive road race. The event will take place in all weather conditions.

The presence of a doctor and ambulance service will be guaranteed. The organizing company accepts no liability for any damage to persons or property that may occur before, during or after the event.

By registering for the race, the athlete declares that he has read and fully accepts these regulations.

People can take part on presentation of the COVID-19 green certificate (green pass) valid for the day of the race, which must be shown when the bib is collected and the anti-Covid19 self-declaration handed in at the same time. If the participant is not in possession of this valid document, it will not be possible to collect the bib and take part in the event.

Please note the procedures for obtaining COVID-19 green certifications:

1. green CoVID-19 certification, which can be issued after the administration of the first dose of vaccine and is valid from the fifteenth day following the date scheduled for the administration of the second dose (in the case of a double-dose vaccine). The green certificate shall in any case be valid for nine months after completion of the vaccination cycle;
2. recovery from the Sars-CoV-2 infection (valid for six months);
3. performance of a rapid molecular or antigenic test with a negative result for Sars-CoV-2 (valid for 48 hours). The above provisions do not apply to persons excluded by age from the vaccination campaign and to persons exempt on the basis of appropriate medical certification issued according to the criteria defined in the circular of the Ministry of Health.

## **START**

Sunday 22nd May 2022

Meeting: 8:30 am Largo Città di Santos Departure: 09:30 am staggered after the 10k competitive

## **REGISTRATIONS**

Online registration with increasing fees:

from 1st November to 31st January	12,00 €
from 1st February to 31st March	15,00 €
from 1st April to 16th May	17,00 €

Online registration will close at 23:59 on 16 May 2022.

## **Non pre-enrolled**

It will be possible to register at the Corri Trieste registration centre at the price of € 22.00 on Friday 20 and Saturday 21 May:

- The location and times of the registration centre will be announced through social channels and on the official website of the event in the days before the e-wind.

On the day of the race, at the Corri Trieste registration centre in Largo Città di Santos from 7:30 to 8:30 a.m., registration is reserved to non-residents of Trieste. Registration without the required documentation (see Participation requirements and privacy form on the website [www.corri Trieste.it](http://www.corri Trieste.it)), or with incomplete contact details and personal data will not be accepted.

## **THE FEE INCLUDES**

- Technical T-shirt
- Bib number
- Event bag
- Medal
- Sponsor products
- Medical assistance
- Refreshments along the route
- Final refreshments

## **REFUNDS AND TRANSFERS**

Participation fees are non-refundable and it is not possible to transfer your registration to another athlete.

## **PARTICIPATION REQUIREMENTS**

Open to everyone, no medical certificate required.

## **RACE NUMBER AND GOODY BAG PICK-UP**

At the Corri Trieste registration centre:

- The location and times of the registration centre will be announced through social channels and on the official website of the event in the days preceding the event.

In order to avoid crowds, the collection of the race pack and the bib on Sunday 22nd May from 7:30 to 8:30 is reserved to athletes not resident in the province of Trieste.

In case of pick up by proxy, the delegating person must fill in, sign and give to the delegate the proxy form, the privacy form, the covid form (downloadable on the website [www.corritrieste.it](http://www.corritrieste.it)) a copy of the letter confirming the registration and a copy of his/her identity document.

## **ROUTE**

10 km on the road; completely closed to traffic and flat, from Largo Città di Santos through the Old Port with passage through the area in front of Magazzino 26 and back to Largo Città di Santos to start the second and third laps.

## **TIME LIMIT**

The time limit for completing the 10 km competitive race is 1h30', beyond which the Organising Committee will no longer guarantee control and assistance on the race route.

## **REFRESHMENTS**

There will be one refreshment point at km 5 and one in the finish area.

## **CLASSIFICATIONS AND AWARDS**

Entrants are not included in any ranking and are not entitled to prizes.

## **RIGHTS FOR IMAGE**

By registering for Corri Trieste 2022, the athlete authorises the organisation to acquire, free of charge, the right, together with its partners, to use the still or moving images on which he/she may appear, taken during his/her participation in Corri Trieste 2022, on all visual media as well as on promotional and/or advertising materials.

## **FRAUDULENT PARTICIPATION IN THE RACE - SANCTIONS**

The participant is responsible for the ownership and custody of his race bib, acquiring the right to use all the services mentioned in these regulations and subsequent communications.

1. Anyone taking part in the race without a regular registration number will be held responsible for damage to persons or property, including himself, and may be liable to the penalties provided for the offence of "theft" (art. 624 penal code).
2. Anyone who, without regular registration, takes part in the race with a counterfeit bib number or in any case one which does not conform to the allocation, in addition to being liable as indicated above, may also be liable to the criminal sanctions provided for the offence of "theft" (art. 624 of the criminal code), or, alternatively, for the offence because of "fraud" (art. 640 of the criminal code).

In cases 1 and 2, participants may be liable to the penalties laid down for the offence of "failure to comply with the provisions of the authorities" (Article 650 of the criminal code). The above-mentioned cases will only be found after verification of photographic and/or video documentation.

## **INFORMATION**

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## **FINAL WARNINGS**

The Organising Committee reserves the right to modify these regulations at any time for reasons it deems appropriate for a better organisation of the race, after having given notice and obtained approval from FIDAL. For anything not provided for in these regulations, the technical statutory regulations of the FIDAL and the G.G.G. apply. Any changes to services, places and times will be communicated to the registered athletes or will be posted on the website [www.promorun.it](http://www.promorun.it). In addition, the documentation containing the essential information to take part in the race will be delivered by the organisation together with the bib.

## **ANTI-COVID PROTOCOL**

### **FOREWARD**

These regulations have been drawn up in accordance with Federal indications and in compliance with the Prime Ministerial Decrees issued in relation to the pandemic emergency. All useful measures will be taken to prevent gatherings and the possible spread of the virus.

Given the constant changes in the anti-Covid provisions, these regulations may be subject to change.

The event will take place in the absence of the public.

### **REGISTRATION**

The organisation reserves the right to close registrations early if a maximum number of participants is reached according to the anti-Covid regulations.

### **RACE NUMBER AND GOODY BAG PICK-UP**

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## **REACHING THE STARTING AREA**

All athletes will have their temperature measured before entering the starting grid. Athletes with a temperature above 37,5° will not be allowed to take part in the race.

Athletes will be conveyed to the starting area by the organisers along an obligatory route in which a distance of 1 metre from every other athlete must be observed. Signs will indicate the exact position of each athlete.

During the warm up and in the starting area the nose and mouth mask must be worn at all times. Inside the starting area there will be dispensers for hand sanitation.

## **START**

The start will be staggered with a maximum of 2000 athletes per staggering group, maintaining a safety distance. The mask must be worn for the first 500 m of the race and can then be disposed of in special containers. This is the only place where the mask can be thrown away. Athletes caught leaving the mask in other areas of the course will be disqualified. At the end of the race each athlete will be given a new mask. Athletes who wish to do so may continue to run with the mask or take it with them to the finish. Athletes who behave in breach of the health regulations or the instructions of the organisers will be disqualified and asked to leave the area immediately.

## **COMPETITION BEHAVIOUR**

Trail running is strongly discouraged during the race. Athletes are recommended to keep their distance.

## **REFRESHMENT ON THE ROUTE**

As per Fidal regulations, a refreshment point with closed water bottles will be set up along the route at km 5. There will be people in charge of placing the bottles not in contact with the athletes and equipped with personal protective equipment. Athletes must help themselves by taking the bottles provided by the organisation directly on the tables.

## **ARRIVAL**

In the finish area, each athlete will be directed by the staff of the organisation along a route which will facilitate the flow towards a large area which guarantees

distance. Each athlete will be given a mask that must be worn immediately and will be invited to leave the area as soon as possible.

### **FINAL REFRESHMENT**

The final refreshment and medal will be given to each participant in a closed take away bag to be consumed outside the finish area.

### **BAGS DROP-OFF**

There is no bag deposit. All athletes are asked to leave their bags in their cars and to arrive at the start area in their race clothing. It is absolutely forbidden to leave any clothing in the starting area or along the route.

### **RACE CANCELLATION - NON-EXECUTION**

If the race is cancelled, moved to another date and/or, in any case, not held due to causes that do not depend on and/or cannot be attributed to the will of the organisers, including revocation of the authorisation to hold the race by the competent public bodies, atmospheric events, earthquakes, epidemics and any other event that may jeopardise the safety of the participants, the participant shall not be entitled to claim any reimbursement from the organising company. Registrations received will be valid for the following year or for another Promor the event. The transfer will be completely free of charge.