

**Corsa dei Castelli
Family Run 8k
15th October 2023**

CORSA DEI CASTELLI FAMILY RUN 8K

The Corsa dei Castelli is also a fun Family Run open to everyone to share a day of sport with family and friends. A unique route that Trieste offers to all participants. The start takes place from the square in front of the fascinating Miramare Castle, a city monument rich in history and art. The route then continues along the seafront, with a fantastic panorama that is the scenographic backdrop for the athletes, while the arrival is expected, 8 km from the start, in Piazza dell'Unità d'Italia. Running, fun, breathtaking views, history and art, all this is the Family Run of the Corsa dei Castelli.

START

Start: Miramare Castle

Start: 10.00 a.m. from Miramare Castle in line after the Ten
non-competitive

Arrival: Piazza dell'Unità d'Italia

ONLINE REGISTRATION:

Online registration with increasing fees

from 2nd November to 28th February	9,00 €
from 1st March to 16th May	12,00 €
from 17th May to 31st August	15,00 €
€from 1st September to 11th October	18,00 €

Registrations will be closed on 11th October 2023 at 23:59.

Not pre-enrolled

It will be possible to register at the Corsa dei Castelli registration center at a fee of €20.00

The location and times of the registration center will be announced through the social media channels and on the official website of the event in the days before the event.

For children / teenagers up to 18 years, registration is free.

Two adults accompanying a child under 16 will pay a single registration fee and will be entitled to three bibs. The child under 16 will be entitled to the event t-shirt, the two adults can purchase it at a cost of 5 euro until stocks are sold out.

For groups of at least 10 people, registration will cost € 10.00 per person. Registration must be made by a group leader by filling in the form on the TDS website.

THE FEE INCLUDES:

- Technical event T-shirt
- Medal
- Sponsor products
- Medical assistance
- Refreshments along the route
- Final refreshments
- Shuttle service to the start area

REFUNDS AND TRANSFERS

The entry fee cannot be transferred to another athlete and there is no refund.

BIB NUMBER AND RACE PACK PICK-UP

At the registration Center Corsa dei Castelli:

- The location and times of the registration center will be announced through the social media channels and on the official website of the event in the days before the event.

In order to avoid crowds, the withdrawal of the race pack and bib on Sunday 15th October is reserved for athletes not resident in the province of Trieste.

In case of pick up by proxy, the delegator must fill in, sign and give to the delegate the proxy form, the privacy form, a copy of the registration letter and a copy of her/his identity card.

PARTICIPATION REQUIREMENTS:

Open to everybody.

TIME LIMIT

The time limit to complete the 10 km race is 2 hours, beyond this time limit the Organizing Committee will no longer guarantee control and assistance along the route.

REFRESHMENTS

There will be a refreshment point at km 5 and one in the finish area at Piazza Unità d'Italia.

SHUTTLE SERVICE

A shuttle service will be available at the Central Railway Station to reach the start area (Miramare Castle), Saba Silos car park side, from 7:30 am to 8:45 am. It is advisable to park your car near the train station and in the areas around Piazza Unità d'Italia.

RIGHTS FOR IMAGE

By registering for the Corsa dei Castelli Family Run the athlete authorizes the organization to acquire free of charge the right, together with its partners, to use the still or moving images on which he/she may appear, taken during his/her participation

in the event, on all visual supports as well as on promotional and/or advertising materials.

INFORMATION:

info@promorun.it

FINAL WARNINGS

The Organizing Committee reserves the right to amend these regulations at any time for reasons it deems appropriate for a better organization of the competition. Any changes to services, places and times will be communicated to the participants or posted on the website www.promorun.it.

RACE CANCELLATION - NON-EXECUTION

If the race is cancelled, moved to another date and/or not held due to causes beyond the control of the organizers, including the withdrawal of authorization to hold the race by the competent public bodies, atmospheric events, earthquakes, epidemics and any other event that may jeopardize the safety of the participants, the participant shall not be entitled to claim any reimbursement from the organizers.

Registrations received will be kept valid for the following year or for another Promorun event. The transfer will be completely free of charge.