

REGULATION AND TECHNICAL INFORMATION**Corsa dei Castelli 2023****Ten Non-competitive road****race 10k****15 th October 2023**

The A.S.D. Promorun Trieste, in collaboration with the Municipality of Trieste and the Friuli-Venezia Giulia Region, is organizing, on the occasion of the “Corsa dei Castelli”, the third edition of the “Corsa dei Castelli Ten” non-competitive road race over a distance of 10 km open to everyone. By registering for the non-competitive race, the participant declares that he has read and fully accepts these regulations. The race will take place in all weather conditions. A doctor and ambulance service will be provided. The organizing company accepts no liability for any damage to persons or property that may occur before, during or after the event.

START

Sunday 15th October

Start: 10.00 a.m. from Miramare Castle in line after the 10k competitive.

Arrival: Piazzale delle Milizie at San Giusto Castle.

REGISTRATIONS

Online registration with increasing fees:

- from 1st November to 28th February 9,00 €
- from 1st March to 30th May 12,00 €
- 31st May to 31st August 17,00 €
- 1st September to 30th September 22,00 €
- 1st October to 11th October 27,00 €

Online registrations will be closed on 11th October 2023 at 23:59.

Not pre-enrolled

It will be possible to register at the Corsa dei Castelli registration center for the fee of € 30,00:

The location and times of the registration center will be announced through the social media channels and on the official website of the event in the days before the event.

THE FEE INCLUDES

- Technical T-shirt of the event
- Number plate
- Medal
- Sponsor products
- Medical assistance
- Refreshments along the route
- Final refreshments
- Bag deposit
- Shuttle service to the start area

REFUNDS AND TRANSFERS

The entry fee cannot be transferred to another athlete and there is no refund.

PARTICIPATION REQUIREMENTS

Open to everybody.

BIB NUMBER AND RACE PACK PICK-UP

At the registration Center Corsa dei Castelli:

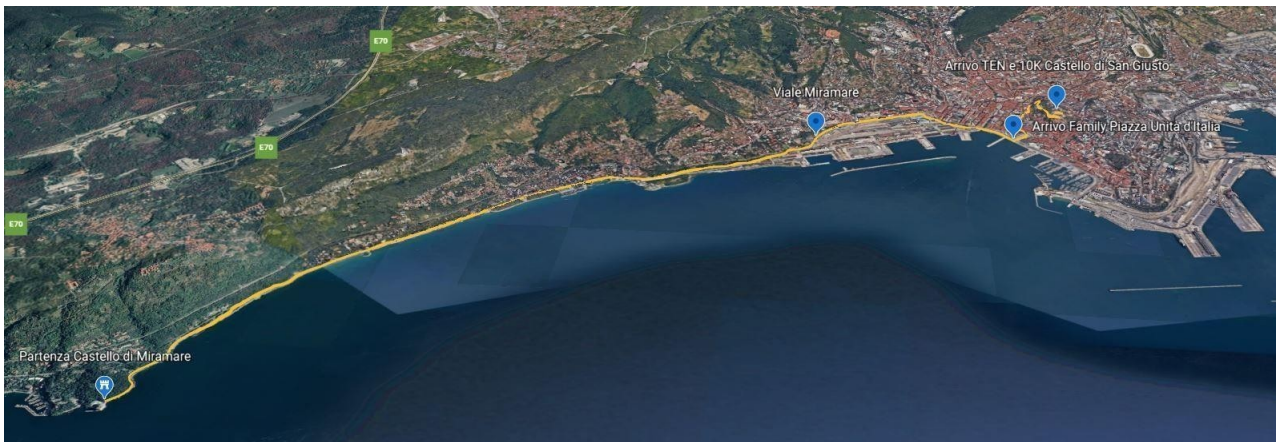
- The location and times of the registration center will be announced through the social media channels and on the official website of the event in the days before the event.

In order to avoid crowds, the withdrawal of the race pack and bib on Sunday 15 October is reserved for athletes not resident in the province of Trieste.

In case of pick up by proxy, the delegator must fill in, sign and give to the delegate the proxy form, the privacy form, a copy of the registration letter and a copy of her/his identity card.

ROUTE

10 km on the road on the same route as the competitive race; starting from the suggestive Miramare Castle and arrival in Piazzale delle Milizie inside the San Giusto Castle, running along the seaside of Barcola, crossing in the heart of the city and in Piazza Unità d'Italia, the biggest square in Europe overlooking the sea.



TIME LIMIT

The time limit to complete the 10 km race is 1h 30', beyond this time limit the Organizing Committee will no longer guarantee control and assistance along the route.

REFRESHMENTS

There will be a refreshment point at km 5 and one in the finish area at San Giusto Castle.

RANKINGS AND AWARDS

Entrants are not included in any ranking and are not entitled to prizes.

SHUTTLE SERVICE

A shuttle service will be available at the Central Railway Station to reach the start area (Miramare Castle), Saba Silos car park side, from 7:30 am to 8:45 am. It is advisable to park your car near the train station and in the areas around Piazza Unità d'Italia, which can be reached from the finish area of San Giusto Castle in a few minutes walk and near the shuttle service.

BAGS DROP OFF

A bag deposit service will be provided in the starting area at the Castle of Miramare, where each athlete can hand in his bag with a sticker corresponding to his bib number to identify it. Bags can be handed in until 9.30 a.m. Post-race bag collection at the finish area at San Giusto Castle.

RIGHTS FOR IMAGE

By registering for the Corsa dei Castelli Ten 2023, the athlete authorizes the organization to acquire free of charge the right, together with its partners, to use the still or moving images on which he or she may appear, taken during his or her participation in the event, on all visual media as well as on promotional and/or advertising materials.

INFORMATION

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FINAL WARNINGS

The Organizing Committee reserves the right to modify these regulations at any time for reasons it deems appropriate for a better organization of the race. Any changes to services, places and times will be communicated to the participants or posted on the website www.promorun.it.

RACE CANCELLATION - NON EXECUTION

If the race is cancelled, moved to another date and/or not carried out due to causes that do not depend on and/or cannot be attributed to the will of the organization, including the revocation of the authorization by the competent public bodies, weather events, earthquakes, epidemics and any other event that may jeopardize the safety of the participants, the participant shall not be entitled to claim any reimbursement from the organizing company. Registrations received will be valid for the following year or for another Promorun event. The transfer will be completely free of charge.