

## **CORRI TRIESTE REGULATIONS**

**10km road race**

**May 17th, 2025**

The A.S.D. Promorun Trieste, in collaboration with the Municipality of Trieste and the Friuli Venezia Giulia Region, is organizing the 22n edition of Corri Trieste, an athletics road race event included in the FIDAL National Calendar. The event will take place in all weather conditions.

The presence of a doctor and ambulance service will be guaranteed. The organizing company declines all responsibility for any damage to people or things that may occur before, during or after the event. For anything not provided for in these regulations, the FIDAL and G.G.G. federal regulations apply.

By registering for the race, the athlete declares that he has read and fully accepts these regulations.

### **START**

Saturday, May 17, 2025

Meeting point: 6:00 p.m Porto Vecchio, entrance Viale Miramare

START: 7:20 p.m Porto Vecchio entrance Viale Miramare

### **REGISTRATIONS**

Online registrations on Endu portal with a slot rate change:

Up to 200 registrations € 12.00

From 201 to 400 registrations € 17.00

From 401 to 600 registrations € 23.00

From 601 to 800 registrations € 28.00

Online registrations will close on May 13th, 2025 at 11:59 pm or upon reaching a total of 800 participants between the competitive 10k race and Ten non competitive. Reference email for informations and clarifications EXCLUSIVELY RELATED TO REGISTRATIONS for the race can be send to [corritrieste@evodata.it](mailto:corritrieste@evodata.it)

The slot have an account of the total number of registered participants for all two events.

Medical certificates can be uploaded in the Data Health section during the online enrollment process.

## **NOT PRE-REGISTERED**

Only in case of availability of bibs and at total discretion of the Organizing Committee it will be possible to register at the Corri Trieste registration center for the fee of € 35.00. Location, days and times of the registration center will be announced through social channel and on the official website in the days leading up to the event.

Registrations will not be accepted without the required documentation (see Participation requirements and privacy form on the website [www.corri Trieste.it](http://www.corri Trieste.it)), or with incomplete contact details and personal data.

## **THE FEE INCLUDES**

- Technical event T-shirt
- Event bag
- Medal
- Sponsor products
- Medical care
- Timing service with chip to be returned to staff at the end of the race. In case of failure to return, the athlete must pay € 20.00 in compensation.
- Refreshments along the route
- Final refreshment

## **REFUNDS AND TRANSFERS**

**Registration cannot be transferred to another athlete or another edition of the race and there is no refund,**

## **PARTICIPATION REQUIREMENTS FOR ATHLETES REGISTERED IN ITALY**

According to the provisions of the "Rules for the Organization of Events" issued by FIDAL, athletes registered in Italy may participate limited to persons 16 years of age (pupils) and older who meet one of the following requirements:

- Athletes registered for 2025 for clubs affiliated with FIDAL
- Athletes in possession of Runcard (valid as sports insurance and permission to compete),

Participation is still conditional

- o to the presentation of a valid medical certificate of specific

agonist fitness for athletics,  
which must be shown to the organizers in  
original and kept, in copy, in the records of the organizing club of each event

The medical certificate for nonresident foreigners may be issued in their own country, but the same examinations as required by Italian regulations must be carried out:

- medical examination
- comprehensive urine examination
- electrocardiogram at rest and after exertion
- spirometry.

[Download health form.pdf: corrected form valid under Italian law](#)

- Athletes registered for a Sports Promotion Body (Sect. Athletics), in possession of the Runcard-EPS;  
participation is still conditional, however, in addition to possession of the "RUNCARD"
  - on the presentation of a valid medical certificate of specific competitive fitness for athletics, which must be shown to the organizers in original and kept, in copy, in the records of the organizing club of each event. The medical certificate for nonresident foreigners can be issued in their own country, but the same examinations required by Italian regulations must have been performed:
    - medical examination
    - comprehensive urine examination
    - Electrocardiogram at rest and after exercise;
    - spirometry

[Download the health form.pdf: corrected form valid under Italian law](#)

## **PARTICIPATION REQUIREMENTS FOR ATHLETES NOT REGISTERED IN ITALY**

Italian/foreign athletes not registered in Italy may participate, limited to persons 16 years of age and older who meet one of the following requirements:

### **FOREIGN REGISTERED ATHLETES:**

- Athletes with club memberships affiliated with Foreign Athletics Federations recognized by WA.
- Athletes in possession of Runcard (valid as sports insurance and permission to compete) limited to persons 20 years and older; medical certificate of fitness for competitive athletics. The card can be signed online at [runcard.com](http://runcard.com).

## **UNDOCUMENTED FOREIGN ATHLETES:**

For foreign athletes who intend to participate in the competitive race without a membership, it is possible to choose the "TURISTICOSPORIOUS" PARTICIPATION by exhibiting the "[Liability Waiver Form](#)" to be sent during registration or to be handed in when collecting the bib.

There are limitations, you cannot receive prizes, bonuses, expense reimbursements, etc., and you do not get a ranking. All services such as chip timing, refreshments and medals are provided.

## **BIB AND RACE PACKAGE COLLECTION**

At the Corri Trieste registration center.

Location, days and times of the registration center will be announced through social channel and on the official website in the days leading up to the event.

In case of pick up by proxy, the delegator must fill in, sign and give to the delegate the [proxy form](#), the [privacy form](#), a copy of the enrollment confirmation letter and a copy of your ID.

## **FIDAL APPROVED ROUTE**

10 km by road; route completely closed to traffic with start and arrival at the Port Vecchio. Circuit to be repeated 3 times with very fast straights.

## **TIME LIMIT**

The time limit to finish the 10 km race is set at 1h10', beyond this time the Organizing Committee will no longer guarantee control and assistance on the race route.

## **REFRESHMENTS**

As per Fidal regulations, there will be one refreshment station at km 5 and one in the finish area.

## **TIMING AND CLASSIFICATIONS**

The gun timing and the processing of the rankings are carried out by EvoData – Timing&Data Solutions and are validated by the Technical Delegate Race Judge / Appeal Judge. The classifications will be available online on [enduro.net](#). The publication of the classifications in the finish area is not foreseen. Complaints shall be lodged no later than 30 minutes after the online publication of the classifications.

## **BAG DEPOSIT**

There is no bag deposit. All athletes are invited to leave their bags inside their cars and to arrive in the starting area with competition clothing. It is absolutely forbidden to leave any clothing inside the start area or along the route.

## **INDIVIDUAL AWARDS**

Prizes will be given to the top 3 overall male and female athletes and the top 3 finishers in each master category with in-kind prizes.

Podium for the top 3 overall men and women immediate post finish.

Place and time of award ceremonies will be announced on the event's official website the day before the event. Unclaimed prizes may not be claimed again.

**Any changes in location and/or time will be announced by the speaker at the start area.**

## **SOCIETY AWARDS**

In-kind prizes will be awarded to the top 5 ranked companies classified with a minimum of 15 athletes based on the number of finisher, the sum of finisher will determine the final ranking.

Place and time of the society award ceremonies will be announced on the event's official website the day before the event.

Unclaimed prizes cannot be claimed again.

**Any changes in location and/or time will be announced by the speaker at the start area.**

## **ANTI-DOPING SERVICE**

Procedures according to FMSI - AIU - WADA directions.

## **COMPLAINTS**

Any complaints must be made in accordance with the FIDAL and R.T.I. regulations.

## **RIGHTS FOR IMAGE**

By registering for Corri Trieste 2025, the athlete authorizes the organization to acquire free of charge the right, together with its partners, to use the still or moving images on which he/she may appear, taken during his/her participation in Corri Trieste 2025, on all visual media as well as on promotional and/or advertising materials

## **FRAUDULENT PARTICIPATION IN THE RACE – SANCTIONS**

The participant is responsible for the ownership and custody of his race bib, acquiring the right to use all the services mentioned in these regulations and subsequent communications.

1. Anyone who takes part in the race without a regular registration number will not only be held responsible for damage to persons or property, including himself, but will also incur sporting sanctions under the jurisdiction of the federal bodies and may be liable to the criminal sanctions provided for the crime of "theft" (art. 624 of the Italian Criminal Code).
2. Anyone who, without regular registration, takes part in the event with a counterfeit

bib number or in any case one which does not conform to the allocation, as well as being liable as indicated above, will incur sporting sanctions and, in addition, may be liable to the criminal sanctions provided for the offence of “theft” (art. 624 of the criminal code), or, alternatively, for the offence of “fraud” (art. 640 of the criminal code).

In cases 1 and 2, participants may be liable to the penalties laid down for the offence of “failure to comply with the provisions of the authorities” (Article 650 of the criminal code). The above-mentioned cases will only be found after verification of photographic and/or video documentation.

## **INFORMATION**

Segreteria T. 3349268693

Mail: [info@promorun.it](mailto:info@promorun.it)

## **FINAL WARNINGS**

The Organizing Committee reserves the right to modify these regulations at any time for reasons it deems appropriate for a better organization of the race, after having given notice and obtained approval from FIDAL. For anything not provided for in these regulations, the technical statutory regulations of the FIDAL and the

G.G.G. apply. Any changes to services, places and times will be communicated to the registered athletes or will be posted on the website [www.promorun.it](http://www.promorun.it). In addition, the documentation containing the essential information to take part in the race will be delivered by the organization together with the bib.

## **RACE CANCELLATION - NON-EXECUTION**

If the race is cancelled, moved to another date and/or, in any case, not carried out due to causes that do not depend on and/or cannot be attributed to the will of the organization, including the withdrawal of the authorization to hold the race by the competent public bodies, weather events, earthquakes, epidemics and any other event that may jeopardize the safety of the participants, the participant will not be entitled to claim any reimbursement from the organizing company. Registrations received will be valid for the following year or for another Promorun event. The transfer will be completely free of charge.